

TXWV 2 YAM KHAUB THUAS



**Tiv thaiv koj tus kheej
thiab koj tsev neeg
kom txhob tau 2 yam
khaub thuas**

Khaub thuas H1N1

Nquag ntxuav tes

**Npog ncauj thaum
hnoos thiab txham**

**Thaum mob lawm,
nyob hauv tsev**

Txhaj tshuaj tiv thaiv

Khaub thuas ntuj no

**Xav paub ntxiv, hu rau
1-888-993-3003 los yog mus saib
www.fcdph.org/fluh1n1**



**Tuam Tsev Saib Kev noj qab
nyob Zoo
www.fcdph.org**



2 Yam tshuaj tiv thaiv 2 Yam khaub thuas

KHAUB THUAS H1N1: Cov tsim nyog
yuav tau txhaj tshuaj tiv thaiv yog:

- Cov pojniam cev tsis tab seeb
- Cov me nyuam yau thiab cov hluas - hnub
nyoog 6 hli mus txog 24 xyoos
- Cov neeg uas nyob nrog tus me nyuam
mos tshaj 6 hli rov haud
- Cov neeg uas muaj lwm hom mob lawm.

KHAUB THUAS CAIJ NTUJ NO: Cov tsim
nyog yuav tau txhaj tshuaj tiv thaiv yog:

- Me nyuam - 6 hli txog 18 xyoo
- Cov tiav neeg
- Cov Laus



**HU KOJ TUS KWS KHO MOB
nug txog kev txhaj tshuaj tiv thaiv
Khaub thuas H1N1 thiab
Khaub thuas lub caij ntuj no**

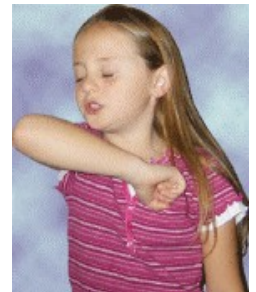
Cwjpwm mob khaub thuas

**Cwjpwm mob ntawm tus khaub thuas H1N1
zoo ib yam li tus cwjpwm mob ntawm tus
khaub thuas thaum lub caij ntuj no thiab**

- Kub cev
- Hnoos
- Dias taub hau
- Qaug zog
- Mob qa
- Mob ib ce
- Xeev siab
- Ntuav
- Zawv plab

**Yog mob sij tsis zoo los yog mob huam tuaj,
mus ntsib kws kho mob tam sim.**

**Tiv Thaiv
Kom
2 Yam Khaub
Thuas Tsis
Txhob Kis**



• **Siv ntawv los yog koj lub lauj tshib
npog qhov ncauj thaum hnoos thiab
txham. Muab tej ntawv uas siv tag
lawm pov tseg.**

• **Nquag siv dej thiab xuj npus ntxuav
tes. Siv cov tshuaj ntxuav tes uas
muaj cawv 90 nyob haud los tau.**

• **Yog mob lawm, nyob hauv tsev thiab
tsis txhob mus kawm ntawv.**

• **Tsis txhob nrog tus muaj mob ua ke.**