

In an effort to provide our employees with the most current information regarding COVID-19 testing this email will go over the options in Fresno County for employees on the CUSD Health Plan **as well as** employees that are not insured by CUSD.

What are the options for COVID-19 Testing?: There are currently three methods to test for COVID-19 which include:

- Testing for an active infection using the Rapid Test method. A swab is generally taken from the nasal cavity and results are usually available at the testing site in less than an hour.
- Testing for an active infection using the swab and send method. A swab is generally taken from the nasal cavity and the sample is sent to a laboratory. Current wait time in Fresno County to receive results is 6-8 days.
- Testing for past exposure is known as the Antibody test. A blood sample is taken and sent to a laboratory. Current wait time in Fresno County to receive results is 6-8 days.

How much will it cost me to get a COVID-19 test?

- **Employees covered under the CUSD Health Plan** will have no out of pocket expense for COVID-19 testing.
- **Employees not covered under the CUSD Health plan**, or by any other insurance, should let the testing facility know they are uninsured so the facility can file a claim for reimbursement with the Department of Health and Human Services. Congress set aside \$1 billion to pay providers for COVID-19 testing for the uninsured in the Families First Coronavirus Response Act, which passed in mid-March, and another \$1 billion was set aside in the Paycheck Protection and Health Care Enhancement Act, which passed in late April. You do not need to be insured to receive COVID-19 testing but you should verify the facility will administer it to you free of charge and will file a claim for reimbursement for the service they provided.

If you feel you are in need of a COVID-19 test to identify an active infection:

- **Employees covered under the CUSD Health Plan:** Please see the list at the bottom of this email for current testing sites in Fresno County to determine which site is best for you. ***Sites highlighted in yellow are participating Blue Shield providers under the CUSD Health Plan.*** Employees on the CUSD Health Plan are encouraged to utilize the Blue Shield providers to minimize costs to the Health Plan whenever possible.
- **Employees not covered under the CUSD Health Plan:** Please see the list at the bottom of this email for current testing sites in Fresno County to determine which site is best for you.

If you feel you are in need of a COVID-19 Antibody Test:

- **Employees covered under the CUSD Health Plan:** Please contact the miCare Health Center at 327-2873 OR your primary care physician and discuss your need for this test. If you and the physician agree you meet the criteria to have this test done the physician will send an order for the antibody test over to a Quest Laboratory. The patient would present to Quest for a blood draw and the results would be sent to the physician who would then contact the patient with the results.
- **Employees not covered under the CUSD Health Plan:** Please contact your primary care physician or one of the testing sites below that offer the antibody test to discuss obtaining an order for the labwork.

Is the CUSD miCare Health Center offering COVID-19 Testing for CUSD Health Plan Participants?:

The CUSD Health Center run by miCare continues to actively monitor the COVID-19 pandemic and its impact on their patient care and office protocols. While we recognize the priority to test for active COVID-19 cases and COVID-19 antibodies, the ability to continue to provide quality medical care in a safe environment for the patients and staff is also of utmost concern. For that reason no testing for active COVID-19 or COVID-19 antibodies will take place within the miCare clinic. If there is a need for testing, our miCare providers will refer patients out with an order for the applicable test.

Things to consider: It is important to know that a COVID-19 test for an active infection may yield a false negative result, meaning you are infected with the active coronavirus but your test result comes back negative. False negative results may be caused by taking the sample incorrectly or getting tested too soon after exposure.

According to an article published by Harvard Medical School (link below), the likelihood of receiving a false negative test result is 100% at the time of exposure. Four days after exposure, the likelihood of getting a false negative result is 40% and after three days of symptoms, the likelihood of a false negative result is 20%. Health care professionals recommend getting tested about 7-8 days after exposure or about 3-4 days after symptom onset for the most accurate results but it is always recommended that you discuss your personal needs with your physician.

<https://www.health.harvard.edu/diseases-and-conditions/if-youve-been-exposed-to-the-coronavirus>

Where you can receive a COVID-19 Test: Below is a list of facilities in Fresno County currently providing COVID-19 testing. **Sites highlighted in yellow are participating providers under our CUSD Health Plan.**

- Depending on the testing site, you may need to make an appointment.
- Some sites may require a visit with their physician prior to testing.
- Some sites may require that you are at least 18 years of age or older.
- Some sites may require that you meet CDC Criteria for COVID-19 testing.
- Some sites may not administer the COVID-19 Antibody test.

FACILITY	ADDRESS	CITY	PHONE
ARMSTRONG URGENT CARE	2139 SHAW AVENUE, SUITE E6	CLOVIS	(559) 326-7349
CENTRAL VALLEY INDIAN HEALTH- BULLARD	255 W BULLARD AVENUE, SUITE 109	CLOVIS	(559) 325-5715
CENTRAL VALLEY INDIAN HEALTH INC.- HERNDON AVENUE	2740 HERNDON AVENUE	CLOVIS	(559) 299-2608
CVS DRIVE THRU - ASHLAN & FOWLER	1794 ASHLAN AVENUE	CLOVIS	(559) 294-6603
EVERYDAY HEALTH CARE MEDICAL GROUP	199 W. SHIELDS AVENUE,	FRESNO	(559) 225-4706
FAMILY HEALTHCARE NETWORK ACC- ADULT	290 N WAYTE LANE, SUITE 2300	FRESNO	(866) 342-6012
FCMG CLINICA SIERRA VISTA- REGIONAL MED. COMMUNITY HLTH CTR	2505 E DIVISADERO STREET	FRESNO	(559) 457-5500
FCMG CLINICA SIERRA VISTA-ELM COMMUNITY HEALTH CENTER	2740 S ELM AVENUE	FRESNO	(559) 457-5200
UNITED HEALTH CENTERS- KERMAN	517 S MADERA AVENUE	KERMAN	(800) 492-4227
UNITED HEALTH CENTERS- ORANGE COVE	445 11TH STREET	ORANGE COVE	(559) 626-4031
UNITED HEALTH CENTERS- PARLIER	650 S. ZEDIKER AVENUE	PARLIER	(559) 646-6618
UNITED HEALTH CENTERS- PARLIER SCHOOL	601 THIRD STREET	PARLIER	(800) 492-4227
UNITED HEALTH CENTERS- RAISIN CITY	6425 W BOWLES AVENUE	RAISIN CITY	(800) 492-4227
IMG- UNITED HEALTH CENTERS- REEDLEY	1560 E MANNING AVENUE	REEDLEY	(559) 638-2019
UNITED HEALTH CENTERS- SANGER	2502 JENSEN AVENUE	SANGER	(559) 875-6000
UNITED HEALTH CENTERS- SANGER 7TH	1570 7TH STREET	SANGER	(800) 492-4227
VALLEY HEALTH TEAM-CLOVIS COMMUNITY HEALTH CENTER- CALVIVA	180 W SHAW AVENUE, SUITE B	CLOVIS	(559) 203-6600
WILLOW URGENT CARE	6721 N. WILLOW AVENUE, SUITE 101	CLOVIS	(559) 324-0911
VALLEY HEALTH TEAM-SABLAN HEALTH CENTER- CALVIVA	927 O STREET	FIREBAUGH	(559) 659-3037
ARIA COMMUNITY HEALTH CENTER- FOWLER	210 E. MERCED STREET	FOWLER	(559) 834-5341
ARIA COMMUNITY HEALTH CENTER- FOWLER - LASALLE	210 E MERCED STREET	FOWLER	(559) 834-5341
UNITED HEALTH CENTERS-FOWLER	106 E MAIN STREET	FOWLER	(559) 834-1568
CVS DRIVE THRU - HERNDON & MILBURN	6800 N. MILBURN AVENUE	FRESNO	(559) 451-3486
CVS DRIVE THRU - FOWLER & KINGS CANYON	5995 E. KINGS CANYON ROAD	FRESNO	(559) 252-1124
ACCELERATED URGENT CARE	6789 N. BLACKSTONE AVENUE	FRESNO	(559) 512-3377
FCMG-KINGS WINERY COMMUNITY CLINICS	4979 E KINGS CANYON ROAD	FRESNO	(559) 255-6476

FRESNO CITY COLLEGE	1101 E. UNIVERSITY AVENUE - MALE GYMNASIUM	FRESNO	(888-631-1123
KINGS WINERY COMMUNITY CLINICS	4929 E KINGS CANYON ROAD	FRESNO	(559) 255-6476
SANTE OMNI FAMILY HEALTH- N FIRST ST	4646 N 1ST SREET	FRESNO	(559) 221-9088
UNITED HEALTH CENTERS - MILBURN	6810 N MILBURN AVENUE	FRESNO	(800) 492-4227
UNITED HEALTH CENTERS- BULLARD	1780 E. BULLARD AVENUE	FRESNO	(800) 492-4227
VALLEY HEALTH TEAM-CENTRAL FRESNO COMMUNITY HEALTH CENTER- CALVIVA	4711 W. ASHLAN AVENUE	FRESNO	(559) 203-6660
UNITED HEALTH CENTERS - HURON 13TH	17008 13TH STREET	HURON	(800) 492-4227
UNITED HEALTH CENTERS-HURON	16928 11TH STREET	HURON	(559) 945-2541
KERMAN HEALTH CENTER	449 S MADERA AVENUE	KERMAN	(559) 364-2970
VALLEY HEALTH TEAM- KERMAN USD COMMUNITY HEALTH CENTER- CALVIVA	702 S. EIGHTH STREET	KERMAN	(559) 264-2975
VALLEY HEALTH TEAM-KERMAN HEALTH CENTER	942 S MADERA AVENUE	KERMAN	(559) 364-2980
VALLEY HEALTH TEAM-KERMAN HEALTH CENTER-CALVIVA	449 S MADERA AVENUE	KERMAN	(559) 364-2970
VALLEY HEALTH TEAM- KINGSBURG- CALVIVA	1250 SMITH STREET	KINGSBURG	(559) 326-5320
UNITED HEALTH CENTERS-MENDOTA	121 BARBOZA STREET	MENDOTA	(559) 655-5000
ORCHARD MEDICAL CENTER	555 6TH STREET	ORANGE COVE	(559) 626-7118
CENTRAL VALLEY INDIAN HEALTH CLINIC, PRATHER	29369 AUBERRY ROAD, SUITE 102	PRATHER	(559) 855-5390
UNITED HEALTH CENTERS- REEDLEY MANNING	1790 E MANNING AVENUE	REEDLEY	(800) 492-4227
SANGER COMMUNITY COLLEGE	730 RECREATION AVENUE	SANGER	(888) 634-1123
ADVENTIST HEALTH- SELMA	1041 ROSE AVENUE	SELMA	(559) 891-1000
IMG- OCHOA FAMILY MEDICAL CLINIC	3275 MCCALL AVENUE, SUITE 102	SELMA	(559) 896-3808
UNITED HEALTH CENTERS- SELMA HIGHLAND	2705 HIGHLAND AVENUE	SELMA	(800) 492-4227
UNITED HEALTH CENTERS- SELMA ROSE	1201 ROSE AVENUE	SELMA	(559) 891-1000