



Clovis Support & Intervention

A social and emotional small group educational intervention where students become better equipped to effectively deal with feelings, peer pressure, stress and other concerns.

Benefits



- Meaningful connections
- Interpersonal relationship skills
- Self-reflection
- Assertiveness
- Team building
- Social skills
- Positive coping skills
- Self-awareness
- Goal setting

Goals



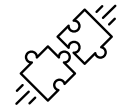
- Listening and communication skills
- Problem-solving strategies
- Increase a student's confidence
- Decision-making skills
- Provides support through challenges
- Build relationships
- Feel more connected at school
- Empathize, accept and support others
- Gain hope and tools to navigate successfully in all areas of their life

Who's it for



- Anyone with life challenges:
 - Divorce
 - New to school
 - Stress/pressure
 - Withdrawn/quiet
 - Building friendships
 - Coping with anger
 - Death of a loved one
 - Incarcerated or unavailable parent
 - Family member with serious illness
 - Not connected at school

How it works



- CSI is a voluntary program where students may be invited, referred or selected to participate
- Parent permission is required
- 2 trained caring staff members use the CSI structured curriculum to facilitate groups in a safe, positive environment
- CSI groups have 6-8 students who meet for 45 minutes per week for 8 week
- CSI groups are confidential

CSI groups support students facing various challenges. Students make good decisions when they search for the tools that will help them grow as individuals— tools that will assist them in accomplishing their goals and reaching their dreams.

CSI is not considered counseling or therapy. CSI is support for **ALL** students. Students and teachers work collaboratively to ensure students do not fall behind academically in their class.



Comprehensive Wellness Project
Clovis Unified School District

