

# COVID-19 Close Contact Exposure and Quarantine Guidelines for Employees

Procedures for an employee who tests positive or is identified as a close contact exposure

Close Contact procedures come into play when an individual (masked or unmasked) is identified as having spent a cumulative 15+ minutes within 24 hours and within 6 feet of someone who within 48 hours then tests positive for COVID-19.

Developed in collaboration with Fresno County Department of Public Health

**PERSON A**



**Any person who has tested positive for COVID-19 & confirmed with lab result**

**With symptom(s):**  
Isolation until the following requirements have been met:

- ✓ 10 days since symptom(s) first appeared **and**
- ✓ 24 hours\* (1 day) with no fever (without the use of fever-reducing medicine) **and**
- ✓ Symptom(s) have improved

\*The 24 hours without fever may possibly occur within 10 days of isolation, or after the 10 days

**Without symptom(s) (asymptomatic):**  
Isolate for 10 days from test date:

- ✓ Monitor self for symptom(s), take temperature twice a day
- ✓ Released from isolation after 10 days have passed as long as no symptom(s) have been present

**PERSON B**



**Any person who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results**

**With symptoms:**  
Isolation until the following requirements have been met:

- ✓ Isolation for 10 days and 24 hours (1 day) with no fever (without the use of fever-reducing medicine) **and** symptom(s) have improved
- OR** Isolation until a negative test for SARS-CoV-2
- OR** Isolation until a healthcare provider has provided documentation that symptom(s) are typical of their underlying chronic condition (e.g., allergies or asthma)
- OR** Isolation until a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackievirus)

**PERSON C**



**Any person who lives in the same household with Person A or B**

**Without symptom(s) (asymptomatic):**

- ✓ Quarantine from school and school activities following date of last close contact **exposure with Person A or B in your household.**
- ✓ Quarantine may continue after **Person A** completes their isolation if unable to avoid close contact exposure to **Person A.**
  - ✓ If Person C remains asymptomatic, they may discontinue quarantine under the following conditions:
    - ✓ Quarantine can end after Day 10 from the date of last close contact exposure (Day Zero) to **Person A or Person B** without testing.
    - ✓ Quarantine can end after Day 7 if a diagnostic specimen is collected on Day 5 or after from the date of last close contact exposure to **Person A or Person B** and tests negative.

Quarantine can end after Person B tests negative for COVID-19 or an alternative diagnosis is given by a medical professional.

**With symptom(s), follow the instructions under Person B.**

**PERSON D**



**Any person with close contact to Person A (>15 min (cumulative per day), < 6 feet)**

If Person D remains asymptomatic, they may discontinue quarantine under the following conditions:

- ✓ Quarantine can end after Day 10 from the date of last exposure without testing.
- ✓ Quarantine can end after Day 7 if a diagnostic specimen is collected on Day 5 or after from the date of last exposure and tests negative.

**PERSON E**



**Any person who has had exposure to Person B, C or D**

**No Quarantine or Action Needed**

- ✓ Continue to self-certify your health on a daily basis.

If **Person B, C or D** with whom Person E had exposure within 14 days tests positive (timeline should start 2 days before **Person B, C or D** develops symptom(s)), then follow directions for Person D.

**PERSON F**



**Any person who is fully vaccinated against COVID-19**

**Person F** should continue to mask and practice handwashing, etc.

**If Person F is exposed to COVID-19:**

- ✓ If asymptomatic, no quarantine is needed. Recommended to wear a mask indoors for 14 days or until an optional COVID test result is negative.
- ✓ If symptomatic, you are now Person B. Refer to Person B instructions.

**If Person F tests positive for COVID-19:**

- ✓ You are now Person A. Refer to Person A instructions.

**DEFINITIONS:**

**Isolation:** separates infected people with a contagious disease from people who are not sick.

**Quarantine:** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

**Close Contact:** (see person D) someone within 6 feet for 15+ minutes of a COVID positive person from 48 hours before having symptoms