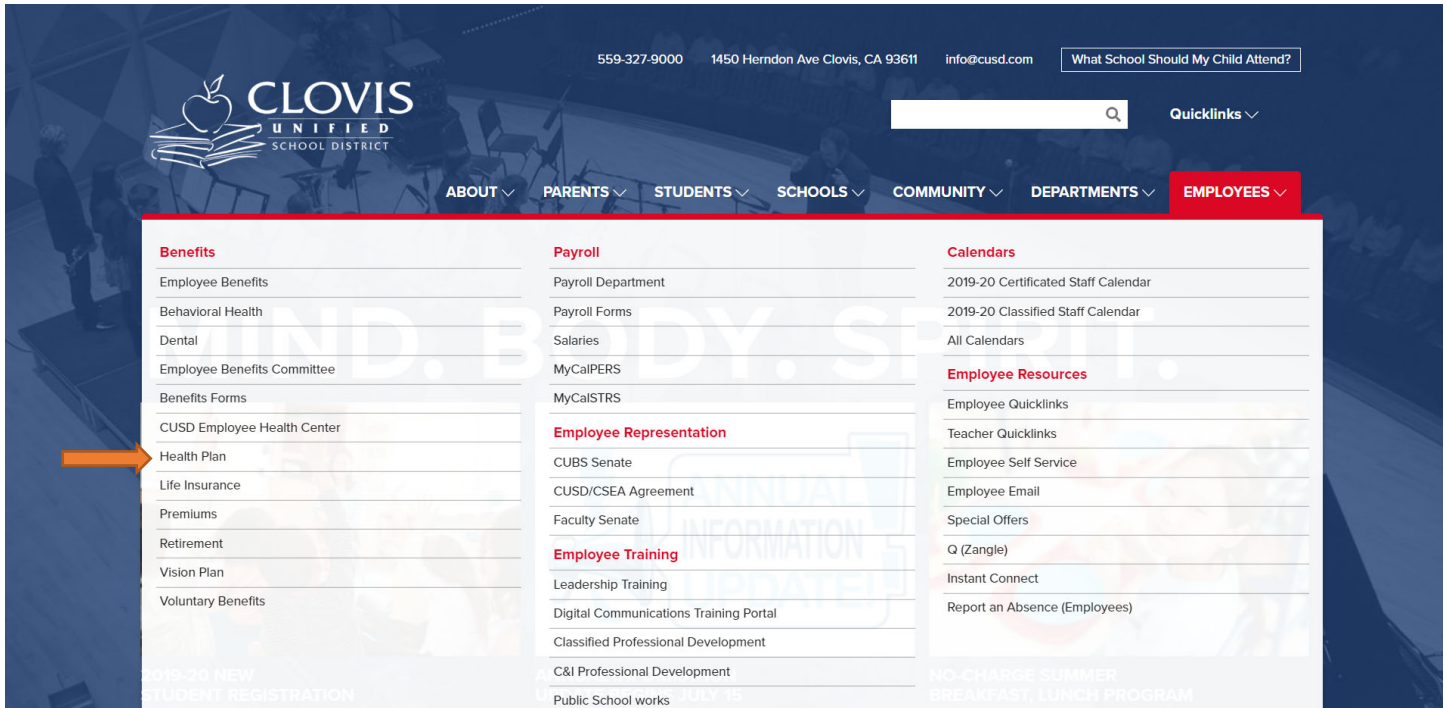


Locating Provider Directories For The CUSD Health Plan

Go to www.cusd.com and hover your mouse over “Employees”. When the drop down box appears go to the Benefits section to the left and select “Health Plan”.



Once on the Health Plan Page select “Health Providers” on the right.

HEALTH PLAN

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The CUSD Health Plan is a self-insured Preferred Provider Organization (PPO) Plan, administered by HealthNow Administrative Services. Within California the plan utilizes the highly regarded medical providers of the Blue Shield network. Outside of California members can choose from the providers in Blue Shield's Blue Card network. Members receive the maximum allowance of benefits available for covered services when they are received from contracted providers. For a detailed explanation of covered services under the plan please refer to the Health Plan Summary Plan Document.

For questions about covered items under the CUSD Health Plan, please contact HealthNow Administrative Services (HNAS) at (855) 323-1124 or at www.hnas.com

Claims

For questions or assistance with medical claims filed after 09-01-2013 please contact HealthNow Administrative Services (HNAS) at (855) 323-1124 or at www.hnas.com

For questions or assistance with medical claims filed prior to 09-01-2013 please contact Capitol Administrators at (877) 916-2525.

Co-Pays

Office Visit Co-Pay – The CUSD Health Plan has a \$25 co-pay for all office visits including physical therapy, mental health, lab work and chiropractic office visits when services are rendered by a contracted provider.

Urgent Care Co-Pay – The CUSD Health Plan has a \$35 co-pay for all urgent care visits.

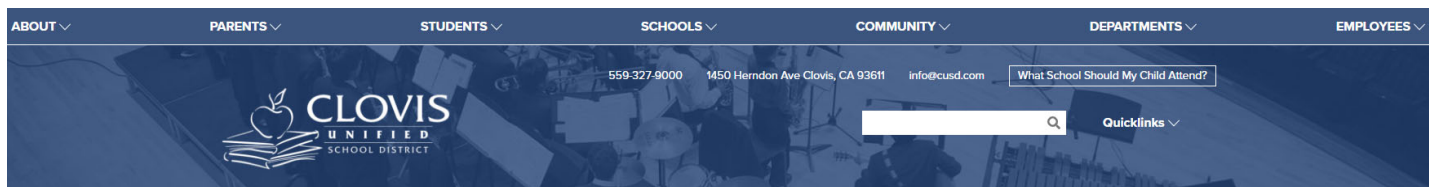
Links

- [CUSD Health – Summary Plan Document – Effective 09-01-2016](#)
- [Summary of Benefits Coverage – Active Employees and Retirees Without Medicare -Effective 09-01-2016](#)
- [Summary of Benefits Coverage – Retirees With Medicare – Effective 09-01-2016](#)

Departments

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- Curriculum, Instruction & Accountability >
- Human Resources >
- Employee Benefits >
 - Behavioral Health
 - Benefits Forms
 - CUSD Employee Health Center >
 - Dental
 - Employee Benefits Committee >
 - Health Plan >
 - Prescriptions
 - Health Providers >
 - Life Insurance
 - Premiums
 - Retirement >
 - Vision Plan
 - Voluntary Benefits
- Communications >

Once on the Health Providers Page select the Provider Directory you wish to access.



HEALTH PROVIDERS

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CUSD Health Plan Providers

- [Mental Health Provider Network](#)
For questions regarding providers on this network call 559.751.0015
- [Find a Physmetrics provider - Physical Therapy, Chiropractor, Speech Therapy, Occupational Therapy](#)
For questions regarding providers on this network call 877.519.8839
- [Blue Shield National Provider Locator for Providers Outside of California](#)
- [Blue Shield of California PPO Directory](#)
- [Tandem Network - EFFECTIVE -09-01-2021](#)
Tandem Network PPO - For services rendered 09-01-2021 and after
- [COVID-19 - In and Out of Network Testing Options](#)

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*****IMPORTANT*** Please note that the CUSD Health Plan Utilizes the following Networks:**

Blue Shield Tandem PPO – For all physicians, specialists, laboratories and facilities **EXCEPT** Mental Health, Chiropractic and Physical Medicine (Physical Therapy, Occupational Therapy, etc.). \$25 copay for in network Office Visits, \$40 copay for in network Urgent Care visits, \$200 copay for in network Emergency Room visits. \$300 Individual/\$600 family Annual Deductible would apply for all in network inpatient and outpatient hospital charges and services provided in an Ambulatory Surgical Center. Out of network services are paid at 50% of the Blue Shield of California PPO contracted rate and the patient is responsible for the remaining amount.

Halcyon Behavior Health – For all mental health physicians, practitioners and facilities. \$25 copay for in network Office Visits, \$40 copay for in network Urgent Care visits, \$200 copay for in network Emergency Room visits. \$300 Individual/\$600 family annual Deductible would apply for all in network inpatient and outpatient hospital charges and services provided in an Ambulatory Surgical Center. Out of network services are paid at 50% of the Halcyon PPO contracted rate and the patient is responsible for the remaining amount.

Physmetrics - Chiropractic and Physical Medicine (Physical Therapy, Occupational Therapy) providers.

Chiropractic - \$25 copay for in network Office Visits. There is no benefit for out of network Chiropractic services.

Physical Medicine - \$25 copay for in network Office Visits. Out of network physical medicine services are paid at 50% of the Physmetric contracted rate and the patient is responsible for the remaining amount.

Links for Providers for the Dental and Vision Plans can be found on the Dental and Vision pages on the CUSD website.