

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Clovis Unified School District



THE
PARENT
INSTITUTE

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Choose an interesting "person of the week" to learn about. Read more about this person with your child.
- 2. Pick a word from the dictionary and draw a picture of it. See if your child can guess the word. Then let her pick a word.
- 3. Help your child find a website that demonstrates how to make something. Let him choose a project and try to follow the directions.
- 4. Have your child read a newspaper and report on a news story at dinner tonight.
- 5. Ask your child to list things that will break if dropped.
- 6. Have your child use the telephone number pad to make words. For example, 5-6-8-3 = Love.
- 7. Ask your child, "What is the nicest thing a teacher ever said or did for you?"
- 8. Help your child collect yarn and fabric scraps. Put them in a mesh bag and hang the bag on a tree. See if birds take some to build a nest.
- 9. Challenge your child to invent something to make life easier.
- 10. Stand your child against a wall. Use a spoon as a ruler and see how many spoons tall she is.
- 11. Find the positive side of a difficult situation. For example, "This power outage is boring. Let's use a flashlight to write letters on the ceiling."
- 12. Ask your child to help you prepare a healthy meal.
- 13. Fly a kite together if the weather allows, or draw a picture of one and let your child decorate it.
- 14. Keep a notebook handy when watching TV. Have your child jot down new words and look them up later.
- 15. Have your child use a sports announcer voice as he reads aloud today.
- 16. Write an encouraging note and place it on your child's pillow.
- 17. Challenge your child to reorganize your food cupboard. Discuss different categories the food could be sorted into.
- 18. Make a crossword puzzle with your child to review spelling words.
- 19. Play Go Fish with your child.
- 20. Trace your child's shoe onto paper. Have her use markers or crayons to turn the tracing into a funny picture.
- 21. Ask your child to list five words that describe him. Are you surprised by what he listed?
- 22. When your child is unsuccessful, ask, "How would you do it differently next time?"
- 23. Ask your child to list ideas for a new flavor of ice cream.
- 24. When you watch TV with your child, get moving every time a commercial comes on. Jump up and down, run in place, do sit-ups.
- 25. Challenge your child to write an advertisement for a product she uses.
- 26. Ask your child to draw something that makes him happy.
- 27. Make raisins dance. Add a few to a glass of soda water. They will rise as bubbles collect and fall after bubbles pop at the surface.
- 28. Have your child check the weather. Plan an indoor or outdoor picnic.
- 29. Encourage creativity. Ask your child unusual questions: "What would you bring to a picnic in space?"
- 30. Cut the headline off a news article. Challenge your child to read the article and write her own headline.
- 31. Have your child point to a country on a world map. Together, figure out what time it is there.