

## Pathway Courses

### Medical Health Careers – BHS

This course is an introduction to all medical health careers. Students will explore career choices through classroom scenarios and engaged learning experiences, tours, and guest speakers. Students will complete at least 10 hours of volunteer service per semester on campus. Community service volunteer hours are outside of classroom time, preferably completed at their home high school campus site.

### Rehabilitation Therapy Careers – CNHS

This course provides opportunities to learn transferable skills related to entry-level occupational and physical therapy occupations, explore career options, and become knowledgeable with post-secondary educational requirements as related to such career options. The course introduces the student to therapy careers including occupational therapy, physical therapy, and other prominent therapy careers, placing an emphasis on a set of core skills and knowledge applicable to many health care disciplines; desirable employment attributes and job-seeking skills are addressed. It will also provide fundamental exposure to safety and regulations in the medical environment, medical terminology, legal and ethical issues, patient care, classroom and worksite learning experiences, including community classroom, job shadowing, tours, and guest speakers. Career exploration activities (as related to specific job titles) are dependent on the availability of such opportunities within the district and community. Integrated throughout the course are career preparation standards, e.g. personal and interpersonal skills, problem solving, and communication skills.

### Medical Careers – CEHS & CNHS

Students will have opportunities to learn transferable skills related to entry-level health occupations, explore career options in the health industry, and become knowledgeable with post-secondary requirements. Students will gain firsthand experience to determine whether a health-related career such as nursing, lab tech, dietician, or other related occupations fall within their realm of interest and aptitude. The course introduces students to health care; placing an emphasis on a set of core skills and knowledge applicable to many health care disciplines. Students will learn both in the classroom and at local health care facilities.

### Sports Medicine & Fitness – BHS

This course concentrates on a variety of areas within the sports medicine fields with a concentration in three specific areas: Athletic Training, Physical Therapy, and Strengthening and Conditioning. Students will have the opportunity to be certified in CPR/First Aid, AED and concussion protocols. Students will participate in off campus internships and learn about sports injuries and how to assess, treat, and rehabilitate them. Students may take anatomy/physiology concurrently and a completion of biology with a C or better is recommended. Students will benefit most if they have their own transportation.

## Pathway Courses

### Principles of Athletic Training – CNHS

Athletic trainers work with athletes at all levels to help them both avoid and recover from athletic injuries. Students interested in a career in either therapeutic medicine or athletic training will benefit. The course offers instruction and practice in the skills and techniques necessary for the prevention and care of athletic injuries and includes instruction in medical terminology, physical anatomy, and first aid/CPR. Students evaluate, treat, and rehabilitate patients and benefit from hands-on training experience, working alongside certified athletic trainers.

### Health and Medical Wellness – CEHS & CNEC

This course will explore the facets of public and medical health and well-being. Students will explore all domains of health including psychosocial, physical, and environmental elements and their impact on a person's wellness. Students will examine how one's culture, socioeconomic status, behaviors, attitudes, and heredity play a role in a person's well-being. While working within allied medical field and community health organizations, students will better understand healthcare needs and the importance of health education and promotion. Students will promote healthy behaviors and work on community health promotion events. Career preparation standards, desirable employee attributes and job seeking skills, personal and interpersonal skills, problem solving, and communication skills will be integrated throughout the course.



## Pathway Opportunities

### Professional Internships

- Private physical therapy clinics
- Local athletic trainers
- Strengthening & conditioning specialists

### Professional Certifications

- Medic First Aid–American Heart Association
- Heads Up Concussion
- OSHA 10 with Healthcare
- HOSA

## Career Opportunities

- Athletic Trainer
- Physical Therapist
- Strengthening & Conditioning Coach
- Nurse
- Nurse Practitioner
- Emergency Medical Technician
- Physician's Assistant
- Chiropractor
- Exercise Physiologist
- Kinesiotherapist
- Nutrition/Dietitian
- Sports Medicine Physician

## What will you learn in the Patient Care Pathway?

- Professional Experience
  - Medical Careers Experience
  - Resume Development
  - Professional Correspondence
  - Interview Preparation
  - Professional Internships
  - Professional Portfolio Building
  - Medical Career Networking
- ### Opportunities



### HOW TO APPLY:

Request application information  
from your high school counselor.

For more information  
about the Patient Care Pathway,  
please contact:

#### CTE Counselors

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#### CTE Learning Directors

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# Patient Care Pathway

Buchanan High School  
Clovis East High School  
Clovis North High School



Clovis Unified School District