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# Preventive care benefits for adults

All Marketplace health plans and many other plans must cover the following list of preventive services without charging you a [copayment](#) or [coinsurance](#). This is true even if you haven't met your yearly [deductible](#).

## IMPORTANT


These services are free only when delivered by a doctor or other provider in your plan's network.

1. [Abdominal aortic aneurysm one-time screening](#) for men of specified ages who have ever smoked
2. [Alcohol misuse screening and counseling](#)
3. [Aspirin use](#) to prevent cardiovascular disease for men and women of certain ages
4. [Blood pressure screening](#)
5. [Cholesterol screening](#) for adults of certain ages or at higher risk
6. [Colorectal cancer screening](#) for adults over 50
7. [Depression screening](#)
8. [Diabetes \(Type 2\) screening](#) for adults with high blood pressure
9. [Diet counseling](#) for adults at higher risk for chronic disease
10. [Hepatitis B screening](#)  for people at high risk, including

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people from countries with 2% or more Hepatitis B prevalence, and U.S.-born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.

11. [Hepatitis C screening](#) for adults at increased risk, and one time for everyone born 1945 – 1965
12. [HIV screening](#) for everyone ages 15 to 65, and other ages at increased risk
13. [Immunization vaccines](#) for adults — doses, recommended ages, and recommended populations vary:
  - [Diphtheria](#)
  - [Hepatitis A](#)
  - [Hepatitis B](#)
  - [Herpes Zoster](#)
  - [Human Papillomavirus \(HPV\)](#)
  - [Influenza \(flu shot\)](#)
  - [Measles](#)
  - [Meningococcal](#)
  - [Mumps](#)
  - [Pertussis](#)
  - [Pneumococcal](#)
  - [Rubella](#)
  - [Tetanus](#)
  - [Varicella \(Chickenpox\)](#)
14. [Lung cancer screening](#)  for adults 55 - 80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years
15. [Obesity screening and counseling](#)
16. [Sexually transmitted infection \(STI\) prevention counseling](#) for adults at higher risk

17. [Syphilis screening](#) for adults at higher risk
18. [Tobacco Use screening](#) for all adults and cessation interventions for tobacco users

## More on prevention

- [Learn more about preventive care from the CDC.](#)
- See preventive services covered for [children](#) and [women](#).
- [Learn more about what else Marketplace health insurance plans cover.](#)

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